

Welcome to Ashiana

Welcome to Ashiana, the name that means to nurture, to be warm, caring and reliable; these are the very qualities we believe will endear you to us. We believe that your dining experience starts as soon as you walk in the door, you can rely on us to take care of your every need. From choosing the right dishes, to enjoying our warm and friendly atmosphere and providing you with an evening to remember. Our staff has over fifty years of experience between them and we promise to bring that to you in every way.

Here at Ashiana we use only the freshest ingredients and our spice blends are unique to us, carefully balanced to bring you delicious food every time. We use only free range chickens and eggs and our vegetables and herbs are farm fresh; we believe you will be able to taste the difference because quality is our passion. When you visit us here at Ashiana you are in for a truly sensory experience, with a concept of marrying old favourites with new contemporary styles. All the charms of the east will meet in a fusion of flavours in our Indian Cuisine.

We are opening in this special year 2012, the year of the London Olympics and we believe when you dine here at Ashiana you would definitely award us the Gold.

Please Note

Every dish we cook is individually created to your liking so we really appreciate if you would allow 20- 30 minutes for your food to be prepared. We want you to be completely satisfied with your meal and that can only be achieved with a little patience; you will find it will be worth the wait.

Thank you and enjoy your meal !

If you don't see a dish that you like please ask a member of staff, our highly experienced Chef will most likely be able to prepare it for you

Call us today:

01702 615 666
01702 603 078

Starters

Ashiana Platter (Chicken Tikka, Lamb Tikka, Sheek Kebab, Chicken Wings and onion Bhaji)	£3.50
Chingri Pakora (Deep fried hot and spicy Tiger Prawns)	£3.95
Chicken or Lamb Tikka	£2.75
Tandoori Chicken	£2.75
King Prawn on Puree (King Prawn cooked in a rich sauce served on a light fried bread)	£4.95
Prawn on Puree	£2.95
Kaleza on Puree	£3.25
(Chicken Livers cooked with fresh herbs and spices and green chillies)	
King Prawn Butterfly (King Prawns in batter, deep fried)	£4.95
Chicken or Lamb Chat (Cubes of chicken or lamb with garlic, cumin, turmeric, Chilli, coriander and lemon juice served on a light fried bread)	£2.95
Ashiana Special	£3.25
(Chicken or Lamb finely diced with a blend of onions, peppers, mushrooms, fresh green chillies, coriander and garlic, Delicious!)	
Tangri Murgh	£2.95
(Marinated chicken wings delicately spiced served with onions, Peppers and fresh green chillies)	
Sheek kebab	£2.95
(Spicy minced lamb with a special blend of spices cooked on skewers)	
Chicken Tikka Wrap (Succulent pieces of chicken tikka wrapped in light bread)	£2.95
Mixed Tikka Wrap	£3.15
Aloo Chat (Potato cooked with a unique blend of garlic, cumin, turmeric, Chilli, coriander and lemon juice)	£2.75
Chot Poti	£2.75
(Chick Peas cooked with lentils, cumin, chilli, and coriander with tangy tamarind sauce)	
Samosa (Lamb or Vegetable)	£2.50
Vegetable Pakora	£2.75
Onion Bhaji	£2.50
Mullagatawny Soup	£2.25
Dall Soup	£2.25
Prawn Cocktail	£2.75
Fresh Melon (When Available)	£2.50

Tandoori Dishes

Tandoori Mix Grill (Tandoori chicken, Lamb Tikka, Chicken Tikka, Sheek kebab, served with nan bread)	£8.95
Chicken or Lamb Tikka	£5.95
Tandoori Chicken (Half) (Spices and yoghurt then cooked in a clay oven, served with crispy fresh salad)	£5.95
Tandoori King Prawn (Succulent King Prawns, cooked in clay oven with delicious blend of Herbs and spices served with crispy fresh salad)	£9.95
Tandoori Fish (Pomfret)	£9.95
Chicken or Lamb Shaslick (Cooked with peppers, onions and fresh tomato)	£7.50
Tandoori King Prawn Shaslick	£10.50
Sizzling Murg Ashiana (Tender chicken cooked with ginger, garlic, pepper, and selected herbs and spices)	£7.50
Tandoori Lamb Chop	£7.95
Paneer Shaslick (Delicious Indian cheese cooked with peppers, onions and fresh tomatoes)	£6.95

Ashiana Khazana

(Chef's Treasures) Any dish can be made Balti for £1 extra

Ashiana Special (Fresh Lobster sized king prawns cooked in a delicious rich sauce with aubergine, garlic, tomato, pepper, and a special blend of fresh herbs and spices carefully creating a taste explosion you won't forget)	£10.95
Lamb Chop Jalfrezi (Tender Lamb Chops cooked with tomato, peppers, green chillies blended together with spices creating a fairly hot but fantastic dish)	£7.95
Tandoori King Prawn Jalfrezi	£9.95
Chicken or Lamb Tikka Massala (A decadent dish with fresh cream, yoghurt, coconut, almonds all in a rich massala sauce, wonderful!)	£6.25
Chicken Tikka Chilli Massala	£6.45
Tandoori King Prawn Massala	£10.95
Vegetable Massala	£5.50
King Prawn Nowabi (Fresh king prawns cooked with garlic, almonds, fresh cream and yoghurt, herbs and spices)	£10.95
Chicken or Lamb Tikka Passanda	£6.45
Chicken or Lamb Rezela (Gently cooked with green chillies, tomato and yoghurt sauce)	£6.45
Murgh Makhani (Spicy chicken lightly spiced with a unique blend of spices tossed in butter and cooked in an exotic sauce.)	£6.45
Murgh Mowgli (Fresh chicken, mincemeat and egg cooked with garlic, coriander in our Chef's special sauce)	£6.95
Modhu Murgh (Chicken Tikka cooked with mushrooms, mild cream with a drizzle of organic honey on top)	£6.45
Achari Murgh (A fairly dry dish cooked with all fresh ingredients and mixed pickles garnished with fresh coriander)	£6.45
Khata Mitta (Chicken or Lamb, sweet and sour style with tamarind, green chillies, coriander and a blend of spices, delicious.)	£6.45
Garlic Murgh (Chicken Tikka cooked with fresh herbs and spices, onions, peppers and lots of garlic)	£6.45
Xcuti Salmon (A beautiful dish of delicately spiced fried salmon in a creamy hot sauce made with onions, peppers, tomatoes blended with fresh cream and green chillies, garnished with fresh coriander, Amazing!)	£7.50
Chicken Khadu (Tender chicken cooked with pumpkin, fresh ground spices, green chillies and coriander, A hot dish and very tasty.)	£6.45
Lamb Grame Fry (Tender strips of Lamb cooked with capsicum, tomato in a rich sauce with fresh green chilli and coriander, a superb dish.)	£6.45
Khazana Chicken (Tender chicken marinated in a special Sylheti spice blend in a rich hot sauce, garnished with fresh coriander.)	£6.45
Bengal Mas Bhaji (Special Bengali fish cooked with onions, peppers, fresh green chillies and coriander in a thick hot sauce, truly unique.)	£7.50
Bengal Mas Jalfrezi (Special Bengali Fish delicately spiced and fried in a fantastic jalfrezi sauce, garnished with fresh coriander.)	£7.50

Deshi Khazana

Begun Gosht (Aubergine with Lamb)	£6.15
Bindi Gosht (Okra with Lamb)	£6.15
Aloo Gosht (Potato with lamb)	£6.15
Methi Gosht (Fenugreek with Lamb)	£6.15
Kudho Gosht (Pumpkin with Lamb)	£6.15
Murgh or Lamb Shatkora (Chicken or Lamb cooked with a unique Bangladeshi Citrus fruit giving it a distinctly tangy and slightly sour flavour)	£6.15
Murgh or Lamb Naga (Hot spicy mouthwatering dish with Naga chillies that create a delicious aromatic taste)	£6.15
Kofta Curry (Tender Lamb Meatballs, cooked with garlic, ginger and fresh chillies creating a fairly hot sauce)	£6.95
Keema Peas (Minced meat cooked with peas, fresh ginger, garlic and our chefs special blend of spices with fresh chillies)	£6.95
Machi Bahar (Sardine cooked with potato, fresh garlic and a delicious blend of spices to make it fairly hot)	£6.95
Dim Bhuna (Boiled egg cooked with onions, garlic and fresh spices in a medium spicy sauce garnished with fresh coriander)	£5.95

Biryani Dishes

Ashiana Special Biryani (Chicken, Lamb, and Prawns with beautiful basmati rice make this a wonderful dish.)	£8.95
Chicken Tikka Biryani	£7.25
Lamb Tikka Biryani	£7.25
Tandoori King Prawn Biryani	£10.95
King Prawn Biryani	£9.95
Prawn Biryani	£6.95
Chicken or Lamb Biryani	£6.75
Vegetable Biryani	£6.75
Mushroom Biryani	£6.25

Freshly cooked on the day
everyday to maintain
Quality & Freshness



Classical Curry Dishes

✓ Mild ✓ Medium ✓✓ Fairly Hot ✓✓✓ Very Hot

	Chicken Lamb	Tikka	Prawn	K-Prawn	Veg
CURRY ✓ Curry sauce in rich spices and fresh herbs	£4.95	£6.10	£5.10	£7.25	£4.15
MADRAS ✓✓ Curry sauce in rich spices and fresh herbs	£4.95	£6.10	£5.10	£7.25	£4.15
VINDALOO ✓✓✓ Curry sauce in rich spices and fresh herbs	£4.95	£6.10	£5.10	£7.25	£4.15
KORMA ✓ Very mild curry in thick creamy sauce	£4.95	£6.10	£5.10	£7.25	£4.15
BHUNA ✓ Medium strength curry in spicy thick sauce	£4.95	£6.10	£5.10	£7.25	£4.15
KASHMIR ✓ Mild with cream, bananas and lychees	£4.95	£6.10	£5.10	£7.25	£4.15
ROGON ✓ Medium dish with lots of fresh tomatoes	£4.95	£6.10	£5.10	£7.25	£4.15
DUPIAZA ✓ Medium strength dish with large quantity of onions	£4.95	£6.10	£5.10	£7.25	£4.15
PATHIA ✓✓ Fairly hot, sweet and sour dish	£4.95	£6.10	£5.10	£7.25	£4.15
MALAYA ✓ Mild, cooked with cream and pineapple	£4.95	£6.10	£5.10	£7.25	£4.15
DANSAK ✓✓ Fairly hot dish sweet & sour, with lentils	£4.95	£6.10	£5.10	£7.25	£4.15
CEYLON ✓✓ Fairly hot with coconut	£4.95	£6.10	£5.10	£7.25	£4.15
METHI ✓ Medium dish with fenugreek	£4.95	£6.10	£5.10	£7.25	£4.15
SAAG ✓ Medium with spinach	£4.95	£6.10	£5.10	£7.25	£4.15

Rice Dishes

Boiled Rice	£1.95
Pilau Rice (Basmati)	£2.10
Special Fried Rice (Basmati rice cooked with carrots, peas and egg)	£2.35
Ashiana Special Rice (Cooked with minced meat, egg, and vegetables)	£2.35
Mushroom / Vegetable Rice	£2.35
Syhleli Rice (Cooked with garlic and fresh chillies)	£2.35
Royal Rice (Cooked with nuts, almonds, and sultanas)	£2.35
Peas or Chana Rice (Peas or chickpeas)	£2.35
Keema Rice (Rice with minced meat)	£2.50
Coconut Rice / Egg Fried Rice	£2.35

Vegetable dishes (Go large for £1 extra)

Mixed Vegetable Curry	£2.55
Mixed Vegetable Bhaji (Dry mixed vegetable dish)	£2.55
Bombay Potato	£2.55
Aloo Gobi (Potato & cauliflower cooked with spices)	£2.55
Gobi Bhaji (Cauliflower)	£2.55
Saag Aloo (Fresh spinach and potato)	£2.55
Saag Bhaji (Spinach)	£2.55
Aloo Peas (Potato and peas)	£2.55
Bindi Bhaji (Okra cooked with spices)	£2.55
Bindi Aloo (Okra and Potato)	£2.55
Brinjal Bhaji (Aubergine cooked with spices)	£2.55
Mushroom Bhaji	£2.55
Sabji Ashiana (Okra, aubergine, garlic and fresh chillies)	£2.85
Dall Samba (Spiced Lentils with vegetables and fresh green chillies)	£2.85
Saag Paneer (Delicious Spinach and Indian Cheese)	£2.85
Motor Paneer (Indian cheese cooked with peas)	£2.85
Channa Masala (Spicy chick peas)	£2.55
Tarka Dall (Lentils with Garlic)	£2.55

Freshly Baked Indian Bread

Plain Nan	£1.75
Peshwari Nan (With sultanas, almonds and coconut)	£1.95
Keema Nan (With minced meat)	£1.95
Garlic Nan	£1.95
Garlic Chilli Keema Nan (With Garlic fresh chilli and minced meat)	£2.25
Murchi Aloo Nan (With potato and fresh chilli)	£1.95
Stuffed Nan (With mixed vegetable)	£1.95
Cheese & Onion Nan	£1.95
Tandoori Roti (Wholemeal flour bread)	£1.95
Paratha	£1.95
Keema Paratha (With minced meat)	£2.10
Vegetable Paratha	£2.10
Chapatti	£0.75
Puri	£1.00

Sundries

Papadoms (Plain or Spicy)	£0.50
Mango Chutney/Mixed Pickle	£0.50
Mint Sauce/Onion Salad	£0.50
Riata (Yoghurt with onion, cucumber or tomato)	£1.50

English Dishes

Sirloin Steak	£9.95
(Prime steak served with chips, peas, mushrooms and tomato)	
Scampi	£8.50
(Served with chips, peas and tomato)	
Omelette	£7.95
(Made with free range eggs with Prawns or Chicken)	
Salad	£6.95
(Crispy fresh salad with prawns, chicken, or cheese)	

Set Meal For 1

Chicken or Lamb Tikka (st),
Chicken Tikka Masala or Bhuna
Bombay Potato, Any Rice or Nan,
With Papadum & Dip

£11.95

Set Meal For 2

Onion Bhaji, Meat or Vegetable Samosa (st),
Chicken Tikka Karai, Lamb Dupiaza,
Vegetable Curry, Saag Aloo, Special Rice,
Any Nan with Papadums & Dips

£23.95

Set Meal For 4

Chicken Tikka, Sheek Kebab, Onion Bhaji,
Meat or Veg Samosa (st),
Chicken Tikka Masala, Lamb Karai,
Chicken Tikka Jalfrezi, Lamb Passanda,
Bhindi Aloo, Vegetable Curry, Bombay
Potato, Tarka Dall, 2 Pilau Rice, Any 2 Nan

£45.00



SUNDAY BUFFET

1pm to 9.30pm - Eat as much as you like
£6.95

BANQUETING NIGHT

Any Starter, Any Main Meal, Any Side Dish, Rice or Nan

Monday to Thursday: **£9.95**

Friday to Saturday: **£11.95**

Dine In Only

(King Prawn extra £2)

CHARITY NIGHTS

Organise a Charity Night here at Ashiana and
donate 50% to a charity of your choice,
(Minimum 30 people)

Sunday to Thursday: **£6.95**

Friday to Saturday: **£11.95**

The designated amount added by the customer
to the prices is the amount goes to charity

We accept all major credit/debit cards



565 - Southchurch Road
Southend-on-Sea, SS1 2PN

Opening Hours

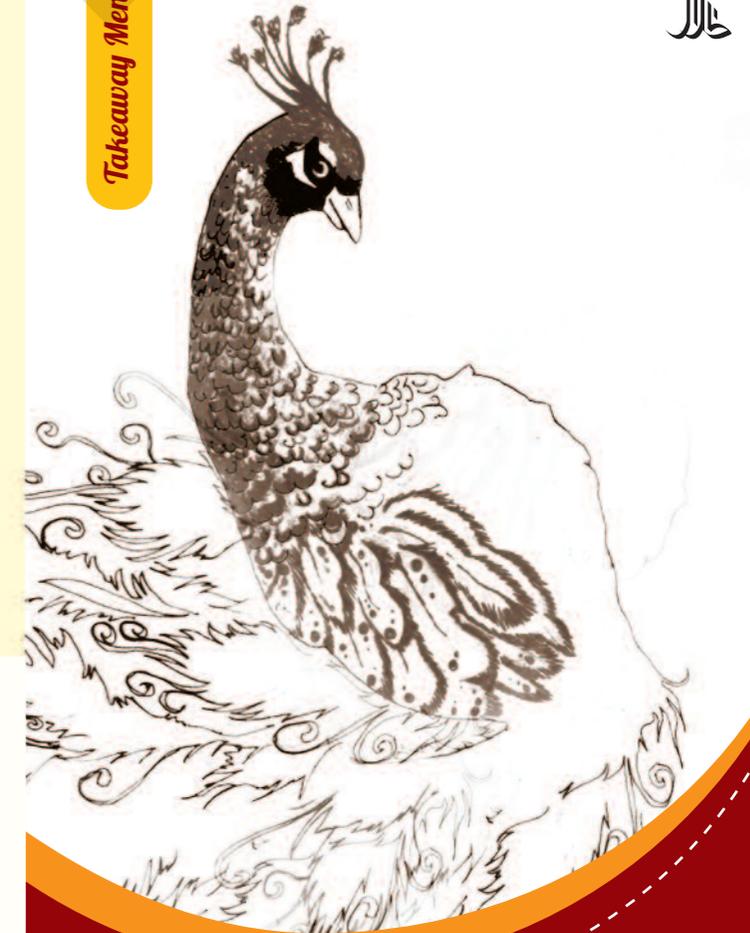
Mon-Thurs: 5:30pm - 11:30pm
Fri-Sat: 5:30pm - 12:00am
Sunday: 1:00pm - 10:00pm

Free Local Home Delivery

On orders over £10.00

15% Discount
On collection orders over £15.00

Takeaway Menu



Ashiana

Fall in love with our Bangladeshi and Indian cuisine

Tel : 01702 615 666 / 603 078

We don't stop until we create amazing